

Week			Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Fresh Bread baked on site available daily	Main	Cheese & Tomato Pizza	Sausage & Mash	Roast Chicken with Roast Potatoes & Gravy	Chicken Pasta Bake	Fish Fingers & Chips
2 nd Sept		Vegetarian	Five Bean Chilli	Quorn Sausage	Vegetable Loaf	Cheese & Pepper Whirl	Spinach & Tomato Quiche
23 rd Sept		Jackets etc	Jacket Potato with Beans	Tomato Soup and Filled Baguette	Jacket Potato with Tuna	Tomato Soup & Filled Baguette	Jacket Potato with Cheese
14 th Oct		Vegetables	Broccoli Sweetcorn	Peas Beans	Carrot Cauliflower	Sweetcorn Cabbage	Baked Beans Garden Peas
11 th Nov		Dessert	Apple Crumble Yoghurt Fresh Fruit	Iced Sponge Yoghurt Fresh Fruit	Jelly Yoghurt Fresh Fruit	Chocolate Shortbread Yoghurt Fresh Fruit	Ice Cream Yoghurt Fresh Fruit
2 nd Dec	Salad Bar with 6 items daily						
Week 2	Fresh Bread baked on site available daily	Main	Cheese & Tomato Pizza	Cottage Pie	Roast Gammon with Roast Potatoes & Gravy	Chicken Tagine	Fish & Chips
9 th Sept		Vegetarian	Macaroni Cheese	Vegetarian Cottage Pie	Vegetable Wellington	Vegetable Tagine	Red Pepper Frittata
30 th Sept		Jackets etc	Jacket Potato with Beans	Tomato Soup & Filled Baguette	Jacket Potato with Tuna	Tomato Soup & Filled Baguette	Jacket Potato with Cheese
21 st Oct		Vegetables	Sweetcorn & Green Beans	Peas & Cauliflower	Cabbage & Green Beans	Green Beans & Sweetcorn	Baked Beans & Peas
18 th Nov		Dessert	Vanilla Shortbread Yoghurt Fresh Fruit	Chocolate Brownie Yoghurt Fresh Fruit	Jelly Yoghurt Fresh Fruit	Carrot Cake Yoghurt Fresh Fruit	Ice Cream Yoghurt Fresh Fruit
9 th Dec	Salad Bar with 6 items daily						
Week 3	Fresh Bread baked on site available daily	Main	Cheese & Pepper Pizza	Chicken Pie	Roast Pork, Stuffing, Roast Potatoes ,Gravy	Spaghetti Bolognese	Fish & Chips
16 th Sept		Vegetarian	Vegetable Pasty	Sweet Potato Curry	Quorn Roast	Vegetable Bolognese	Vegetable Pasta Bake
7 th Oct		Jackets etc	Jacket Potato with Beans	Tomato Soup and Filled Baguette	Jacket Potato with Tuna	Tomato Soup & Filled Baguette	Jacket potato with Cheese
4 th Nov		Vegetables	Peas & Cauliflower	Sweetcorn & Green Beans	Carrote & Broccoli	Sweetcorn & Peas	Peas & Beans
25 th Nov		Dessert	Apple Sponge Yoghurt Fresh Fruit	Flapjack Yoghurt Fresh Fruit	Jelly Yoghurt Fresh Fruit	Chocolate & Orange Sponge Yoghurt/Fresh Fruit	Ice Cream Yoghurt Fresh Fruit
16 th Dec	Salad Bar with 6 items daily						