

PHSE Whole School Overview

	Open Hearts (kindness)		Open Minds (wellbeing)			Open Doors (community)		
	Personal Characteristics	Anti-Bullying	Mental Health	Health/Financial	Keeping Safe	Equality	Relationships	First Aid
Autumn 1	Recapping and introducing the school values, rules and motto What it means to be part of our school family Friendships							
Autumn 2	Friendships. Anti-bullying Boundaries and consent Self-esteem and value							
Spring 1			Internet Safety What is Mental Health? Zones of Regulation Importance of sleep, healthy eating, hobbies and time with loved ones					
Spring 2			How to support my mental health? Specific mental health conditions Relationship and Sex Drugs / Alcohol					
Summer 1						Different families same love How families change and grown		
Summer 2						Government Our Community The world outside Leckhampton Neuro diversity		

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