

Week			Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Fresh Bread baked on site available daily	Main	Macaroni Cheese	Beef Lasagne	Roast Chicken	Beef & Onion Pie	Fish Fingers & Chips
11 th Sept		Vegetarian	Vegan Meatballs	Five Bean Chilli	Sweet Potato & Spinach Flan	Vegan Spaghetti Bolognese	Vegan Sausage
2 nd Oct		Jackets etc	JP with Cheese	JP with Tuna	JP with Cheese	JP with Tuna	JP with Beans
23 rd Oct		Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans Peas
	Salad Bar	Dessert	Vanilla Shortbread Fresh Fruit	Sticky Toffee Apple Crumble Fresh Fruit	Jelly Fresh Fruit	Vanilla Sponge Fresh Fruit	Chocolate Shortbread Fresh Fruit
Week 2	Fresh Bread baked on site available daily	Main	Wholemeal Pasta Bake	Pork Sausage & Mash	Roast Turkey	Chicken Korma	Fish Fingers & Chips
18 th Sept		Vegetarian	Spanish Omelette	Mixed Beans & Rice	Vegetable Wellington	Cheese & Tomato Pinwheel	Beetroot Burger
9 th Oct		Jackets etc	JP with Cheese	JP with Tuna	JP with Cheese	JP with Tuna	JP with Beans
		Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas & Beans
	Salad Bar	Dessert	Lemon & Cucumber Sponge Fresh Fruit	Marble Sponge Fresh Fruit	Oaty Cookie Fresh Fruit	Peach Crumble Fresh Fruit	Apple, Cheese & Crackers Fresh Fruit
Week 3	Fresh Bread baked on site available daily	Main	Vegetable Stir Fry	Spaghetti Bolognese	Roast Gammon	Chicken Enchiladas	Fish Fingers & Chips
4 th Sept		Vegetarian	Vegan Sausage	Lentil & Sweet Potato Curry	Vegan Quorn Roast	Cheese & Tomato Pizza	Cheese & Red Pepper Frittata
25 th Sept		Jackets etc	JP with Cheese	JP with Tuna	JP with Cheese	JP with Tuna	JP with Beans
16 th Oct		Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas & Beans
	Salad Bar	Dessert	Peaches with Ice Cream Fresh Fruit	Pear & Chocolate Cake Fresh Fruit	Apple Flapjack Fresh Fruit	Banana Sponge Fresh Fruit	Fruity Shortbread Fresh Fruit