

Week			Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Fresh Bread baked on site available daily	Main	Tomato Pasta	Sausage with Mash & Gravy	Roast Chicken with Roast Potatoes & Gravy	Beef Pasta Bake	Fish Fingers & Chips
4 th Nov		Vegetarian	Mexican Fajitas with Rice	Creamy Curry with Rice	Vegetable Roast with Roast Potatoes & Gravy	Baked Bean Hot Pot	Mexican Bean Roll & Chips
25 th Nov		Jackets etc	JP with Cheese	JP with Tuna	JP with Cheese	JP with Tuna	JP with Beans
16 th Dec		Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans Peas
		Dessert	Melting Moment Biscuit Fresh Fruit	Blackberry & Apple Crumble with Custard Fresh Fruit	Jelly with Peaches Fresh Fruit	Winter Cake & Custard Fresh Fruit	Chocolate Orange Cookie Fresh Fruit
Week 2	Fresh Bread baked on site available daily	Main	Cheese & Tomato Pizza with New Potatoes	Meatballs in Tomato Sauce with Rice	Roast Gammon with Roast Potatoes & Gravy	Chicken Tikka Masala with Rice	Fish Fingers & Chips
11 th Nov		Vegetarian	Caribbean Stew with Rice	Cheesy Pasta with Garlic Bread	Vegan Sausage with Roast Potatoes & Gravy	Mild Mexican Chilli with Rice	Cheese & Tomato Quiche with Chips
2 nd Dec		Jackets etc	JP with Cheese	JP with Tuna	JP with Cheese	JP with Tuna	JP with Beans
		Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas & Beans
		Dessert	Vanilla Shortbread Fresh Fruit	Marble Cake with Chocolate Sponge Fresh Fruit	Fruit Medley Fresh Fruit	Peach Upside Down Cake & Custard Fresh Fruit	Oaty Cookie Fresh Fruit
Week 3	Fresh Bread baked on site available daily	Main	Macaroni Cheese	Sausage Casserole	Roast Turkey with Roast Potatoes & Gravy	Spaghetti Bolognese with Garlic Dough Balls	Breaded Fish & Chips
18 th Nov		Vegetarian	Vegan Plant Balls in Tomato Sauce with Rice	Cheese & Tomato Pizza with Potato Wedges	Vegan Quorn Roast with Roast Potatoes & Gravy	Chinese Vegetable Curry & Rice	Cheese & Red Pepper Frittata with Chips
9 th Dec		Jackets etc	JP with Cheese	JP with Tuna	JP with Cheese	JP with Tuna	JP with Beans
		Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas & Beans
		Dessert	Chocolate Brownie Fresh Fruit	Sticky Toffee Apple Crumble with Custard Fresh Fruit	Ice Cream Fresh Fruit	Vanilla Cake with Chocolate Sauce Fresh Fruit	Cinnamon Swirl with Apple Slices Fresh Fruit